

## December

### **Christmas Party and Dance**

Monday, December 19th

1:00pm - 3:00pm; No Charge

### **BINGO**

Thursday, December 29th

1:00pm - 3:00pm

### **Senior Dance**

Every Monday

1:00pm - 3:00pm

FREE

### **Free Blood Pressure Reading**

Every Tuesday

9:30am - 11:00am

Partner: Memorial Home Health Care

### **Special Cards, Table Tennis**

Every Wednesday

1:00pm - 4:30pm

### **Table Tennis Club**

Every Tuesday & Wednesday

1:00pm - 3:30pm

### **Bridge Class**

Every Friday

12:30pm - 4:00pm

## **Hours of Operation**

Mondays - Fridays

9:00am - 5:00pm

## **Facility Manager**

Wendell Sharpe

## **DIAL**



*For your city government needs*

The center is open daily for seniors wanting to use exercise equipment, three pool tables, FREE table games such as Rook, Skip-Bo, Checker, Chess, and Cribbage.

**September - December  
2005**



**PARKS AND  
RECREATION**

# **Eastgate Senior Center**



**Eastgate Town Center  
5600 Brainerd Road, Ste. E-6  
Chattanooga, TN 37411**

**(423) 855-9443**

**(423) 855-9444**

**[www.chattanooga.gov/cpr](http://www.chattanooga.gov/cpr)**



## Programs

### September

#### **BINGO**

Thursday, September 29th  
1:00pm - 3:00pm

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care  
FREE

#### **Special Cards, Table Tennis**

Every Wednesday  
1:00pm - 4:30pm

#### **Table Tennis Club**

Every Tuesday & Wednesday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday  
12:30pm - 4:00pm

### October



#### **Halloween Dance & Party**

Monday, October 31st  
1:00pm - 3:00pm; No Charge.  
Prize to “Best Dressed Costume”

#### **BINGO**

Thursday, October 27th at 1:00pm

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care

#### **Special Cards, Table Tennis**

Every Tuesday & Wednesday  
1:00pm - 4:30pm

#### **Table Tennis Club**

Every Tuesday & Wednesday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday; 12:30pm - 4:00pm

### November

#### **BINGO**

Thursday, November 24th  
1:00pm  
Everyone Welcome!

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care

#### **Special Cards, Table Tennis**

Every Tuesday & Wednesday  
1:00pm - 4:30pm

#### **Table Tennis Club**

Every Tuesday & Wednesday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday  
12:30pm - 4:00pm